



SUMMARY OF THE MODEL OF CARE FOR NON-CLINICAL DAY PROGRAMMES

What the model of care says

A “model of care” is a way of describing what type of services we need and how they should work.

1. When attending a day programme, tāngata whaiora (a person seeking wellness) want:

- **Hope and wellbeing** – feel that you are moving towards how you would like your life to be
- **Choice** – being able to choose to do activities that you like and that promote your wellbeing
- **Mana enhancing** – your experiences and contributions are valued and respected
- **Holistic** – you are supported to access other services and resources that support your whole self
- **Dignity** – you feel accepted, respected, and safe to be yourself.
- **Participation** – you can participate in a way that supports your own wellbeing
- **Connection** – you are encouraged and supported to build natural supports and connections with your peers.

2. Commitment to Te Tiriti o Waitangi

- Providers of day programmes are required to embrace the 5 principles of Te Tiriti o Waitangi and be able to show how they are including them in how they are providing the day programme.

3. Day Programme services will work towards:

- Upholding the dignity of people through respecting personal choice and self determination
- Providing an environment that builds on tāngata whaiora individual strengths and supports their decisions
- Offering programmes that are of therapeutic benefit and that help people to develop in the areas of their life that are important to them

4. Equity for Māori

- Each service will seek to develop relationships with local iwi, tāngata whenua, mana whenua, Māori community, and kaumātua to understand the most appropriate approach for their community.

5. Diversity

- Day programmes will be accessible and welcoming to people of all cultures and identities.

6. Day Programmes will meet requirements

These include:

- Being accessible to tāngata whaiora
- Making sure the day programmes help tāngata whaiora in their recovery
- Making sure the day programmes benefit tāngata whaiora
- A quality service is provided
- There are policies in place
- There are opportunities for the development of the workforce

7. Community Collaboration

- Day programme providers will work with, and alongside, community services or other day service programmes
- Day programme providers will demonstrate connection to iwi and include tikanga Māori and te reo rangatira within the day service programmes
- People will be supported to find and build on their strengths to help them move on their life journey
- Providers will need to know how to engage with people in their training and education goals. Staff will need to be upskilled in these areas.